



Hannibal-LaGrange University

## Bachelor of Science

### Exercise Science- Pre-Professional Concentration

#### Freshman - FALL SEMESTER - 16 hours

##### GENERAL EDUCATION REQUIREMENTS

- ENG 011 Freshman Seminar (1)
- ENG 104 English Composition I (3)
- \*PLS 131 US & MO Constitutions (1)
- PSY 113 General Psychology (3)

##### MAJOR REQUIREMENTS

- CHM 135 College Chemistry (5)
- EXS 113 Foundations of Exercise Science (3)

#### Freshman - SPRING SEMESTER - 15 hours

##### GENERAL EDUCATION REQUIREMENTS

- ENG 106 English Composition II (3)
- CAS 101 Introduction to Speech (3)
- BIO 105 General Biology with Lab (4)

##### MAJOR REQUIREMENTS

- CHM 145 College Chemistry II with Lab (5)

#### Sophomore - FALL SEMESTER - 16 hours

##### GENERAL EDUCATION REQUIREMENTS

- MTH 143 College Algebra (3)
- BIB 123 Old Testament Survey (3)
- General Education Option (3)

##### MAJOR REQUIREMENTS

- PHE 212 First Aid and CPR (3)
- BIO 314 Human Anatomy & Physiology I (4) with Lab

#### Sophomore - SPRING SEMESTER - 17 hours

##### MAJOR REQUIREMENTS

- EXS 281-283 Practicum in Exercise Science (3)
- EXS 311 Psychology of Sport and Exercise (2)
- EXS 312 Sociology of Sport and Exercise (1)
- EXS 322 Medical Terminology (2)
- BIO 324 Human Anatomy and Physiology II (4) with Lab
- MTH 153 Pre Calculus (5)

#### Junior - FALL SEMESTER - 16 hours

##### GENERAL EDUCATION REQUIREMENTS

- Fine Art I (3)
- LIT 233 American Literature I (3)
- HST 213 United States History I (3)

##### MAJOR REQUIREMENTS

- MTH 127 Elementary Statistics (3)
- PHY 214 Physics I with Lab (4)

#### Junior - SPRING SEMESTER - 16 hours

##### GENERAL EDUCATION REQUIREMENTS

- HST 223 United States History II (3)
- BIB 123 New Testament Survey (3)
- LIT 243 American Literature II (3)

##### MAJOR REQUIREMENTS

- PHY 224 General Physics II with Lab (4)
- HLT 313 Nutrition (3)

#### Senior - FALL SEMESTER - 17 hours

##### GENERAL EDUCATION REQUIREMENTS

- Fine Art 2 (3)

##### MAJOR REQUIREMENTS

- EXS 383 Internship in Exercise Science (3)
- EXS 354 Care and Prevention of Athletic Injuries (4)
- EXS 344 Exercise Physiology with Lab (4)
- EXS 413 Tests and Measurements (3) in Exercise Science

#### Senior - SPRING SEMESTER - 12 hours

##### MAJOR REQUIREMENTS

- PHE 333 Motor Development and Performance (3)
- PHE 313 Kinesiology (3)
- PSY 323 Abnormal Psychology (3) or  
PSY 333 Developmental Psychology
- Elective (3)

#### \*required for non-Missouri high school graduates

This is a proposed guideline. Please check the catalog and see your advisor for your final degree requirements.

Hannibal-LaGrange reserves the right to make changes to degree plans without advanced notice or obligation.

The student is responsible for understanding and completing all general education, degree, departmental and graduation requirements.