

Exercise Science - BS				
General Education Requirements	Courses	50 Cr Hrs	Term	Grade
Chapel See Chapel Attendance Requirements in the HLGU Student Handbook.	HLG 010 Chapel Credits Each Semester	0		
Bible Students may take BIB 132 & BIB 133 (Land of the Bible I & II) as a substitute for either BIB 113 or BIB 123.	BIB 113 Old Testament Survey	3		
	BIB 123 New Testament Survey	3		
	BIB 153 Biblical Worldview	3		
Written & Public Communication Academic advisors will use the composition course placement policy to ensure enrollment in the appropriate course.	ENG 104 English Composition I	3		
	ENG 106 English Composition II	3		
	CAS 101 Introduction to Public Speaking	3		
Fine Arts and Humanities PHL 213 Introduction to Philosophy, CMN 313 Christian Professional Ethics, PHL 253 Introduction to Logic, or any additional LIT course.	Select three credit hours from LIT	3		
	Select three credit hours from ART, MUS, or THR	3		
	Select three credit hours from the requirements listed to the left	3		
Social and Behavioral Sciences PSY 113 General Psychology or higher, SOC 113 Introduction to Sociology, SOC 123 Marriage & Family, ECO 213 Macroeconomics, ECO 223 Microeconomics, FIN 101 Personal Finance, CRJ 113 The US Criminal Justice System, or HON 301 Intellectual Development of the Western World.	US History I or II	3		
	HST and/or PLS	3		
	Select three credit hours from the requirements listed to the left	3		
Natural Sciences At least one of these courses must be a lab course. Transfer students with six credit hours of science with no lab should contact the Chair of the Natural Science Department.	BIO 105 Introduction to Biology	4		
	CHM 135 Chemistry I	4		
Mathematics MTH 143, 153, or 185 will meet this requirement.	Select appropriate mathematics course	3		
Physical Education	HLT 183 Personal Health & Fitness	3		
Core Requirements	Courses	57 Cr Hrs	Term	Grade
	BIO 314 Human Anatomy & Physiology I	4		
	BIO 324 Human Anatomy & Physiology II	4		
	EXS 113 Foundations of PE & Exercise Science	3		
	EXS 310 Psychology & Sociology of Sport & Exercise	3		
	EXS 344 Exercise Physiology	4		
	EXS 354 Care & Prevention of Athletic Injuries	4		
	EXS 413 Tests & Measurements in Exercise	3		
	EXS 383 Internship	3		
	HLT 313 Nutrition for Sport & Exercise	3		
	PHE 212 First Aid & CPR	2		
	PHE 313 Kinesiology	3		
	PHE 333 Motor Development & Performance	3		
Recommended Elective for students pursuing graduate work	MTH 127 Elementary Statistics	3		
Recommended Elective for students pursuing graduate work	MTH 153 Precalculus	4		
Recommended Elective for students pursuing graduate work	PHY 214 General Physics I	4		
Recommended Elective for students pursuing graduate work	PHY 224 General Physics II	4		
Recommended Elective for students pursuing graduate work	PSY 323 Abnormal Psychology or PSY 333 Lifespan Developmental Psychology	3		
Electives	Course ID	Cr Hrs	Term	Grade

Total Hours Required for Graduation: **124 Hours**
 Graduation requires a minimum of 124 credit hours and a minimum of 40 upper-level credit hours. Only eight credit hours of activity courses may be applied to these minimums.